

## Struggling through school and home life, to THRIVING!

**Andrew was diagnosed in the first grade with combined typed ADHD. He had been on medication to support him in school as he had some major difficulty focusing.** Things were so rough in school that Andrew was being sent to the office or we were getting phone calls pretty regularly from his teacher. There was a lot of stress over homework which caused the home environment to be tough as well. **He was having difficulty even writing the assignments down and bringing home the work-not to mention getting it completed and remembering to turn it in.** A friend who knew that we were having a particularly tough time in his fourth-grade year recommended that we see Dr. Gina. **We were willing to try anything at this point.** When school was about out, we began seeing Dr. Gina 3x a week. Things were improving, but with Andrew on medication it was difficult to see the full result of his chiro care. **We were hesitant to take him off the medication, but since it was summertime, we gave it a shot.**

**Andrew had an amazing year in 5<sup>th</sup> grade!** He hasn't taken any medication and continues to see Dr. Gina 1-2 times a week. His teachers have said they never would have guessed that he had a hard time last year. **He's really thriving in both academics and citizenship.** Additionally, his overall health has improved. He now eats more regularly and is gaining weight. He doesn't complain of stomach or headaches like he was before.

Andrew is not usually attentive to adults when they're giving feedback. **However, he admires Dr. Gina and is always willing to give her suggestions a try.** He adores Melissa and Hannah and is interested in the happenings at Inspire Life. **The team has created an amazing sense of community where he really feels like he has a safe, welcoming place.** That has been a such a beautiful gift for our family.

~Dias Family

