

From Struggling to a THRIVING Family!!!

My husband was the first in our family to start chiropractic care. He was suffering from a shoulder injury and was so impressed by Dr. Caserma he sent me into her office for care. I was pregnant with our first son and was miserable. I felt like I had a knife in my spine and could hardly drive because I couldn't sit still for very long. **After my first adjustment I had so much relief, I felt like myself again.**

I didn't fully understand the benefits of our visits with Dr. Caserma so after my pregnancy was over, I stopped coming in because of financial reasons. **As time passed my baby boy had respiratory issues time and time again. We were in and out of emergency rooms with steroid treatments, breathing treatments at home, and sometimes we had to be admitted. It was so painful to watch him struggle.** I felt helpless. They kept saying as he got older, he would grow out of it but he didn't. We started to take him in to see Dr. Caserma and he finally got better! **He has never been to the doctor's office for respiratory issues since he has seen Dr. Caserma regularly.** This was life changing for our family.

Around this same time, we struggled to conceive our second child. I had 5 miscarriages. **My doctors told me the only way I would be able to have another child was if we did IVF. I began to see Dr. Caserma regularly myself and was pregnant within 7 months!**

We had our second son and when he was born the doctors wanted to clip his tongue because they believed he was tongue tied. Dr. Caserma came to the hospital to help evaluate him and was able to over time correct any issues he had. **Within two weeks he was able to nurse without any problems.**

My third son has hydronephrosis and renal scarring so he lost one kidney. **His specialist told me that he was at high risk of constant infections but since birth he has seen Dr. Caserma regularly for adjustments and he has never had an infection!** After his surgery around one year old he recovered quickly because of Dr. Caserma's adjustments and his nerve system is functioning at its best!



All of these are examples of how chiropractic care has impacted our lives for the better. Every single person in my family has a quality of life we would not have had. I would love other parents to know that chiropractic care has boosted our immune systems. **We are healthier and the rare times we do get sick our immune system is able to do what it is supposed to do because our body is working all together properly!** If we didn't have our chiropractic care I see my family missing out on making memories because we would probably be sick all the time, but we're not! **Dr. Caserma has also given me the gift of new perspective.** In life we get so busy and stressed out but she is able to explain what is going on with me or my kids in such an easy to understand way. **We love Dr. Caserma and are so thankful for her care.**

~The Baldwin Family