

In December of 2019, my daughter had to undergo emergency surgery on her ears to get tubes placed. She had acute mastoiditis, which is when an ear infection spreads to the bone behind the ear. The infection had pushed her right ear far out and the doctors had to drain her infected eardrum. She was on IV antibiotics and spent a couple days in the hospital getting the infection under control. After this experience, my husband and I began to look for ways we could prevent another ear infection and how to support her system after all of the antibiotics she received. **Even though our family was seeing another chiropractor, we started taking our daughter to Dr. Gina.** Our daughter was having ear discomfort and her digestion was awful (she went from regular bowel movements to chronic constipation due to the antibiotics). After her first appointment with Dr. Gina, we noticed an immediate difference. **Our daughter had a bowel movement within an hour after her first adjustment and did not tug on her ears like she had been.** Dr. Gina took the time to explain to us what was happening with her ears and the root cause of her ear infections. We felt like we could breathe again knowing she was getting the best care.

My husband and I continued to see the chiropractor we had been seeing and just took our daughter to Dr. Gina. **I felt like we would be better served if we went to Dr. Gina too. At the time I was 12 weeks pregnant and Dr. Gina took the time at every appointment to ask me how I was feeling and talk to me about ways I could support my body while pregnant.** I felt like she really cared about my health and well-being even though I wasn't her patient. One day I brought my daughter in for her adjustment and Dr. Gina took one look at me and said, "You're crooked. Let me adjust you. I can't let you leave here in pain." What I hadn't told her was that my sciatica pain was intensifying as my pregnancy went on and that morning, I had woken up hardly able to walk. **In one adjustment she relieved me from my sciatica pain. The immediate relief I felt after my adjustment, my husband and I knew we had to switch to Dr. Gina too.**

My pregnancy under Dr. Gina's care was completely different than my last pregnancy. I was more comfortable and had no sciatica pain. I had energy throughout my whole pregnancy- even though I was caring for a one year old and working full time. **My labor was shorter, and my baby was in a better position. Even my recovery has been completely different. I feel like I did not even give birth- my body and my nervous system had the support and care it needed to recover.**

Our son was born on a Sunday and was adjusted the very next day. During delivery his shoulders were stuck so the midwives had to help deliver his shoulders. Because of this he was sore and would whimper in his sleep. He could not get comfortable. **The next day we took him to get adjusted and he instantly relaxed. He slept through the night without whimpering. The swelling went down in his face and he could breathe through his nose better after the first adjustment.** We continue to see him thrive with every adjustment. Whenever someone meets our son, they comment on how alert he is and how strong he is. I know that's because of chiropractic!

The office staff is wonderful. Every time I get adjusted, they play with my daughter or hold my son so I can focus on my adjustment. When I was pregnant, they would meet me out at my car to get my daughter for me or carry her to my car at the end of our appointment. My daughter loves to get adjusted. She gets so excited when she knows we are going to the chiropractor.

My whole family is functioning better since we started our care with Dr. Gina. My husband can sleep through the night without constantly changing positions due to back pain. He has a physically demand job and would often be fatigued by the end of the day because he was in so much pain. He has his energy back and is pain free. **The level of gratitude we have for Dr. Gina is hard to put in to words. You can tell Dr. Gina is truly passionate about what she does and loves caring for others.** She has a wealth of knowledge and shares that with her patients. I feel like I can care for my family better because of what I learn at Inspire Life Chiropractic. She takes time with every adjustment. She doesn't rush through your adjustment or push you out the door. She sits with you and takes the time to answer your questions or explain the adjustment. **As parents, you always want the very best for your family and I know we are getting the very best with Dr. Gina and staff.**



-Ascroft Family